

## Telecare LIN eNewsletter

### August 2010

Welcome to the August 2010 newsletter. The Telecare Learning and Improvement Network (LIN) is responsible for providing general implementation support to organisations building their telecare and telehealth programmes in England.

**Now available** - Weekly news bulletins (DH Care Networks/WSDAN) are available at:  
[www.dhcarenetworks.org.uk/telecaresolutions](http://www.dhcarenetworks.org.uk/telecaresolutions)

All monthly telecare newsletters are archived at:  
[www.dhcarenetworks.org.uk/telecarenewsletters](http://www.dhcarenetworks.org.uk/telecarenewsletters)

If you are an organisation implementing telecare or telehealth in England and have an interesting local telecare or telehealth story for inclusion in a future newsletter then e-mail Mike Clark at [telecare@dhcarenetworks.org.uk](mailto:telecare@dhcarenetworks.org.uk)

PCT Telehealth Map:

<http://maps.google.co.uk/maps/ms?hl=en&ie=UTF8&msa=0&msid=100406857045032193451.00047bfd6341183c8523&ll=54.329338,-1.604004&spn=8.052625,18.676758&z=6>

Telecare and Telehealth Evaluation Map:

<http://maps.google.co.uk/maps/ms?hl=en&ie=UTF8&msa=0&msid=100406857045032193451.000481bfd3b6cc58babe&ll=52.66972,-1.955566&spn=8.373034,18.676758&z=6>

Telecare Services Map:

<http://maps.google.co.uk/maps/ms?hl=en&ie=UTF8&msa=0&msid=100406857045032193451.0004540c223f16f2d1c9d&ll=52.842595,-1.867676&spn=8.339986,18.676758&z=6>

If you would like up to date information about the Whole System Demonstrator Programme and the development of the evidence base for telecare and telehealth then go to [www.wsdactionnetwork.org.uk](http://www.wsdactionnetwork.org.uk)

There is free registration on both web sites:

[www.wsdactionnetwork.org.uk/telecare](http://www.wsdactionnetwork.org.uk/telecare)  
[www.wsdactionnetwork.org.uk](http://www.wsdactionnetwork.org.uk)

**Note: DH Care Networks is not responsible for the content of external links and does not endorse any suppliers or their products. Any claims made by organisations should be carefully evaluated as part of normal commissioning and procurement arrangements.**

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### Headlines for August 2010

**Item 1** *The new Buying Solutions framework for telecare, telehealth and telecoaching commenced on 16 August 2010*

**Item 2** *provides a link to a new Cochrane systematic review on telemonitoring and heart failure*

**Item 3** *FAST are carrying out a survey on education and training for installers of telecare*

**Item 4** *provides a link to the latest Department of Health Social Care Bulletin*

**Item 5** *lists some current calls for proposals*

**Item 6** *provides an updated list of events and conferences*

**Item 7** *is the usual comprehensive roundup of news links from the UK and around the world*

## 1 Buying Solutions framework – commences 16 August 2010

### *Information provided by Buying Solutions*

This framework supports the Efficiency and Reform Group's (ERG) aim to centralise procurement for the buying of common goods and services. It will aggregate demand across the public sector to reduce the cost of telecare, telehealth and telecoaching and drive further savings.

The framework agreement is for two years, (with the option of two further one year extensions) and is ready for use from Monday 16th August 2010. Some parts of the web site are currently being uploaded (eg online product catalogue).

It is structured into 6 lots as follows:

- Lot 1 – Telecare Products
- Lot 2 – Telecare Services
- Lot 3 – Telehealth Products
- Lot 4 – Telehealth Services
- Lot 5 – Telecoaching Products and Services
- Lot 6 – Managed Services

There is a supplier matrix for full details covering which suppliers have been awarded framework agreements under the lots. Some suppliers do have sub-contractors, however, any orders must be placed with the Buying Solutions supplier.

Supplier matrix:

<http://www.buyingsolutions.gov.uk/categories/ICT/telecare/suppliers>

Customers will be able to run further competitions via the Invitation to Quote (ITQ) facility:

[http://www.buyingsolutions.gov.uk/competition\\_tools.html](http://www.buyingsolutions.gov.uk/competition_tools.html)

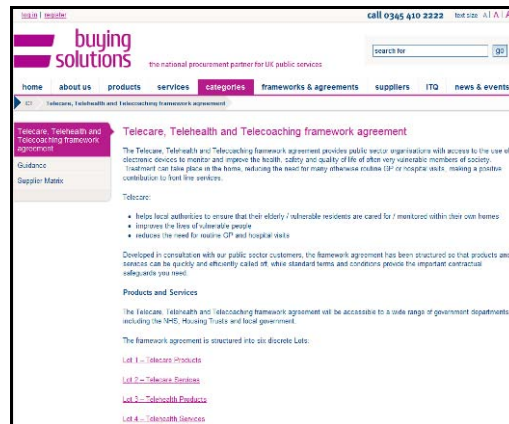
The Telecare, Telehealth and Telecoaching framework agreement has a dedicated page for each lot, where a copy of the Framework Agreement Guidance Notes for Customers will be available. This document covers:

- What is a framework agreement?
- What is Telecare, Telehealth and Telecoaching?
- How to use this set of framework agreements
- Buying Solutions roles and responsibilities
- Your contract
- Contact details
- Ordering procedures
- Catalogue ordering
- Further competition
- Special terms
- Reverse auctions

There will also be a link to each of the suppliers under the lots where customers will find a profile and contact details.

Customers will also be able to make direct purchases from the online catalogue using the Catalogue Ordering Procedure. The online product catalogue, when available, can be located at:  
<http://www.buyingsolutions.gov.uk/products/find.html>

If you have any questions contact 0345 410 2222 or email [info@buyingsolutions.gsi.gov.uk](mailto:info@buyingsolutions.gsi.gov.uk)



<http://www.buyingsolutions.gov.uk/categories/ICT/telecare>

### **Supplier press releases (to date)**

#### **Air products**

<http://www.telecareaware.com/images/pdfs/air-products-pr-6aug10.pdf>

#### **CarelinkUK**

CarelineUK announces successful tender applications

<http://www.24dash.com/news/housing/2010-08-04-CarelineUK-announces-today-that-it-has-been-successful-in-both-of-its-tender-applications-to-Buying-Solutions-framework-agreement-for-approved-suppliers-of-Assistive-Technologies>

#### **Cirrus**

Cirrus awarded framework agreement by Buying Solutions for Telecare, Telehealth and Telecoaching

[http://www.24dash.com/news/local\\_government/2010-08-06-Cirrus-awarded-framework-agreement-by-Buying-Solutions-for-Telecare-Telehealth-and-Telecoaching](http://www.24dash.com/news/local_government/2010-08-06-Cirrus-awarded-framework-agreement-by-Buying-Solutions-for-Telecare-Telehealth-and-Telecoaching)

#### **iPlato**

iPLATO awarded National Telecare, Telehealth and Telecoaching framework agreement

<http://www.iplato.net/news-appointment-reminders-and-mobile-health-promotion/iplato-awarded-national-telecare-telehealth-and-telecoaching-framework-agreement.html>

<http://www.fmhealthcare.com/2010/08/06/iplato-awarded-national-telecare-telehealth-and-telecoaching-framework-agreement>

<http://www.ehealthnews.eu/iplato/2179-iplato-awarded-national-telecare-telehealth-and-telecoaching-framework-agreement>

<http://www.fiercehealthit.com/press-releases/iplato-awarded-national-telecare-telehealth-and->

[telecoaching-framework-agreement#ixzz0wZecuQP8](#)

### **System C**

System C awarded Buying Solutions Framework Agreement for Telehealth

<http://www.ehealthnews.eu/systemc/2192-system-c-awarded-buying-solutions-framework-agreement-for-telehealth>

<http://www.publictechnology.net/sector/central-gov/buying-solutions-awards-system-c-framework-agreement>

### **Telesupport (Icom)**

Telesupport, the trading name of Icom Technology Limited, is an accredited supplier under the Buying Solutions (formerly Catalist) Consultancy framework for Telecare Products.

<http://www.telesupport.org.uk/buying.html>

### **Tunstall**

<http://www.tunstall.co.uk/News-and-Events/Latest-news/Tunstall-Healthcare-Awarded-Framework-Agreement-from-Buying-Solutions>

<http://www.thiis.co.uk/tunstall-award-aug10.aspx>

[http://www.it-director.com/enterprise/public\\_sector/news\\_release.php?rel=19437](http://www.it-director.com/enterprise/public_sector/news_release.php?rel=19437)

<http://www.24dash.com/news/health/2010-08-10-Tunstall-Healthcare-Awarded-Framework-Agreement-from-Buying-Solutions>

<http://www.ehealthnews.eu/tunstall/2185-tunstall-healthcare-awarded-framework-agreement-from-buying-solutions>

### **Tynetec**

Tynetec Awarded Buying Solutions Framework Agreement

[http://www.tynetec.co.uk/page/news\\_detail/32](http://www.tynetec.co.uk/page/news_detail/32)

[http://www.tynetec.co.uk/file\\_store/files/Press\\_Releases/Tynetec\\_Press\\_Release\\_Buying\\_Solutions\\_06\\_08\\_10.pdf](http://www.tynetec.co.uk/file_store/files/Press_Releases/Tynetec_Press_Release_Buying_Solutions_06_08_10.pdf)

### **Other**

Buying Solutions chooses telecare suppliers

<http://www.smarthealthcare.com/telecare-assistive-technologies-buying-solutions-framework-12aug10>

## **2 - Health care using telephone and telemonitoring technology benefits heart failure patients – Cochrane Systematic Review**

**Prepared by Mike Clark**

A major review on telemonitoring up to Nov 2008 has been published covering 25 studies and five published abstracts. A pdf download of the review is available.

pdf download

<http://www.thecochranelibrary.com/SpringboardWebApp/userfiles/ccoch/file/Telemedicine/CD007228.pdf>

Links:

[http://www.ehiprimarycare.com/news/6158/cochrane\\_backs\\_remote\\_monitoring](http://www.ehiprimarycare.com/news/6158/cochrane_backs_remote_monitoring)  
<http://www.sciencecentric.com/news/10080804-health-care-using-telephone-telemonitoring-technology-benefits-heart-failure-patients.html>  
<http://mobihealthnews.com/8593/telemonitors-reduce-mortality-rates-of-heart-disease/>  
<http://www.healthcarerepublic.com/news/1020887/Remote-monitoring-saves-lives-heart-failure-patients-research-shows/>  
[http://www.sciencecodex.com/health\\_care\\_using\\_telephone\\_and\\_telemonitoring\\_technology\\_benefits\\_heart\\_failure\\_patients](http://www.sciencecodex.com/health_care_using_telephone_and_telemonitoring_technology_benefits_heart_failure_patients)  
<http://www.justmeans.com/Health-care-s-telemonitoring-evolution-revolution/26316.html>

For more on the telecare and telehealth evidence base visit our WSDAN site  
[www.wsdactionnetwork.org.uk](http://www.wsdactionnetwork.org.uk)

### 3 Education and training for installers of telecare and telehealth technologies - Survey

*Provided by Pat Smart at FAST*

Foundation for Assistive Technology (FAST) is running a survey to evaluate education and training for installers of telecare and telehealth technologies.

The survey will help us assess how installers are accommodating more complex, integrated sensor and communication systems within their working practice. There is currently no consensus on the training and service planning that is required to deliver an effective installation. This affects not just employers and installer staff but also the commissioners and planners of services.

This issue has been highlighted by one of the Technology Strategy Board's Assisted Living Innovation Platform (ALIP) projects, led by Tynetec, working with Aidcall, Your Homes Newcastle, Darlington Borough Council and Intrahealth.

This learning is to be captured by a short ALIP Knowledge Transfer Network project over the next couple of months involving FAST who are leading on workforce development for the sector, Hereward College and the Tynetec ALIP project team. As a first step, FAST is assessing current installation practice and support for training and education by means of a short online survey of both installers and commissioners of telecare and telehealth systems.

The link for the survey for **installers** of telecare and telehealth technology is here:  
<http://telecareinstallers.questionpro.com>

The link for the survey for **commissioners** of telecare and telehealth technology is here:  
<http://Telecarecommissioners.questionpro.com>

The deadline for survey responses is 15th September 2010.

If you have any queries at all about the survey, or FAST's project, please contact FAST director Keren Down on 020 7264 8955 or [keren@fastuk.org](mailto:keren@fastuk.org)

## 4 Recent DH announcements and publications

Prepared by Mike Clark

The latest Social Care Bulletin is available (Issue 14, July 2010).



[http://www.dh.gov.uk/en/Publicationsandstatistics/Bulletins/Socialcarebulletin/DH\\_118316](http://www.dh.gov.uk/en/Publicationsandstatistics/Bulletins/Socialcarebulletin/DH_118316)

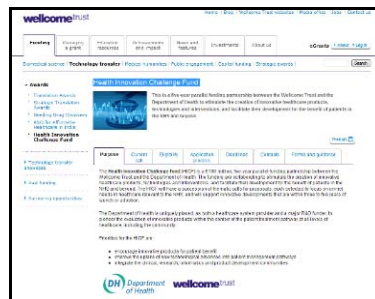
## 5 Current calls

### SBRI (NHS South East Coast) – Living well with dementia

Open Date: 30 June 2010  
 Deadline: 09 September 2010

<http://www.innovateuk.org/content/competition/sbri/living-well-with-dementia.ashx>

### Health Innovation Challenge Fund (DH/Wellcome Trust)



**Preliminary application deadline:** 1 October 2010 (17.00)

**Shortlisting of proposals:** early November 2010

**Full applications submitted:** 10 January 2011 (17.00)

**Funding decisions:** April 2011

<http://www.wellcome.ac.uk/Funding/Technology-transfer/Awards/Health-Innovation-Challenge-Fund/index.htm>

### **ICE-T's Third Call for Proposals - The Use of Technology to Improve Health and Wellbeing at Work**

ICE-T will fund up to three match-funded projects focussed on developing technology-based products and services that improve health and wellbeing at work.

The deadline for receipt of completed applications is 20th September 2010

<http://www.sehta.co.uk/node/2384>

## **6 Events and conferences**

### **September**

Collaborative Networks in Ambient Assisted Living & Connected Health Dundalk 2 September 2010

<http://casala.ie/news-a-events/28-conference.html>

INTERNATIONAL CONFERENCE ON THE EFORTT PROJECT Ageing with technologies 13-14 Sep 2010

<http://acaia.org/content/international-conference-efortt-project-ageing-technologies-13-14sep10-bcn>

Taking charge: evidence for self care in the UK

The next SDO Network interactive learning seminar will feature health service researchers and health and social care leaders sharing and discussing the latest evidence on self care. Birmingham – 21 September 2010

[http://www.nhsconfed.org/Events/Pages/TakingChargeEvidenceForSelfCare.aspx?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.nhsconfed.org/Events/Pages/TakingChargeEvidenceForSelfCare.aspx?utm_source=twitterfeed&utm_medium=twitter)

Mobile Healthcare Industry Summit London 21-22 September 2010

<http://www.mobilehealthcareindustrysummit.com/>

ATA Mid year meeting 2010 26-28 September 2010 Baltimore

<http://www.americantelemed.org/i4a/pages/index.cfm?pageID=3762>

### **October**

Healthcare IT Exchange 2010

3-5 October 2010 <http://www.healthcareitexchange.co.uk/>



NHS Innovation Expo (Excel Centre) – 6/7 October 2010 – *postponed until March 2011*  
<http://www.healthcareinnovationexpo.com/>

The Forum 10 13-15 October 2011 Washington  
<http://www.dmaa.org/theforum10/index.asp>  
Enabling cost-effective management of long-term conditions - Mainstreaming telecare and telehealth –  
19 October 2010  
<http://www.kingsfund.org.uk/events/enabling.html>

Mobile Health Expo, Las Vegas 19-21 October 2010  
<http://mobilehealthexpo.com/index.htm>

2010 Connected Health Symposium - October 21-22 2010  
<http://www.connected-health.org/events/symposium-2010.aspx>

### **November**

mHealth Summit 2010 – 8-10 November 2010, Washington  
<http://www.mhealthsummit.org/>

Global Telehealth 2010 (GT2010) – 10-12 November 2010, Perth, WA  
<http://www.ehealthserver.com/conferences-and-events/429-call-for-papers-global-telehealth-2010-gt2010>

UK Dementia Congress 2010, 9-11 November at the Bournemouth International Centre.  
<http://www.careinfo.org/uk-dementia-congress.php>

Evidence 2010 – 1-2 November 2010 BMA House, London  
[http://evidence2010.com/?utm\\_campaign=7548437&utm\\_content=46681577336&utm\\_medium=email&utm\\_source=Emailvision](http://evidence2010.com/?utm_campaign=7548437&utm_content=46681577336&utm_medium=email&utm_source=Emailvision)

National Telecare & Telehealth Conference 2010 15-17 November 2010, London  
[http://www.telecare.org.uk/information/48440/conference\\_10/](http://www.telecare.org.uk/information/48440/conference_10/)

Raate 2010 29 November 2010, University of Warwick <http://www.raate.org.uk/>

### **2011**

#### **February**

The Third International Conference on eHealth, Telemedicine, and Social Medicine  
<http://www.wikicfp.com/cfp/servlet/event.showcfp?eventid=10262&copyownerid=11691>  
<http://www.iaia.org/conferences2011/eTELEMED11.html>

#### **March**

International congress on Telecare and Telehealth, The King's Fund 2-3 March 2011  
<http://www.kingsfund.org.uk/events/telecaretelehealth.html>

NHS Expo, Excel Centre, London 9-10 March 2011  
<http://www.healthcareinnovationexpo.com/>

### April

Med-e-tel Luxembourg 6-8 April 2011  
[www.medetel.eu](http://www.medetel.eu)

## 7 News and links

**News from around the world covering telecare, telehealth and related areas of interest to commissioners, service providers, suppliers and other organisations – prepared by Mike Clark**

### Telecare

TSA Crystal Award 2010 - Entry forms by 20 September 2010.  
[http://www.telecare.org.uk/information/48462/48611/crystal\\_award/](http://www.telecare.org.uk/information/48462/48611/crystal_award/)

OAP leader's fury over bid to charge for lifeline alarms (Swansea)  
<http://www.thisissouthwales.co.uk/news/OAP-leader-s-fury-bid-charge-lifeline-alarms/article-2481795-detail/article.html>

Five-year-old boy from Llanelli rescues mum following stair tumble



<http://www.thisissouthwales.co.uk/news/Hero-boy-rescues-mum-following-stair-tumble/article-2492823-detail/article.html>

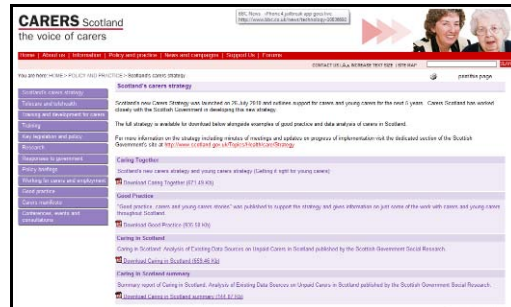
<http://www.beecareful.info/news/general/82036-my-five-year-old-hero-saved-my-life.html>

Mayor of Dorchester Leslie Phillips has been elected honorary president of Magna Careline  
[http://www.viewfrompublishing.co.uk/news\\_view/5823/15/1/dorchester-mayor-becomes-president](http://www.viewfrompublishing.co.uk/news_view/5823/15/1/dorchester-mayor-becomes-president)

Joy at councillors' U-turn on plans to charge for lifeline (Swansea)

<http://www.thisissouthwales.co.uk/news/Joy-councillors-U-turn-plans-charge-lifeline/article-2487039-detail/article.html>

Scotland's carers strategy



See Chapter 16 – Use of assistive technology

<http://www.carerscotland.org/Policyandpractice/Scotlands-carers-strategy>

Disabled woman who starved to death had no panic alarm at home

<http://www.telegraph.co.uk/news/uknews/7924620/Disabled-woman-who-starved-to-death-had-no-panic-alarm-at-home.html>

Award for care service (Wiltshire CareConnect)

[http://www.swindonadvertiser.co.uk/news/8299904.Award\\_for\\_care\\_service/](http://www.swindonadvertiser.co.uk/news/8299904.Award_for_care_service/)

More people helped with less cash (Croydon – efficiency award winner)

<http://www.lgcplus.com/home/lgc-awards/more-people-helped-with-less-cash/5017576.article>

Telecare helps Croydon support a further 600 people in their own homes

<http://tunstall-telehealthcare.blogspot.com/2010/07/telecare-helps-croydon-support-further.html>

Invicta Telecare exceeds targets

<http://www.invictatelecare.com/Default.aspx?SID=45&CID=75&ctID=43&IID=0>

Woman With Head Injury Uses Medical Alert System to Summon Aid

<http://www.capemaycountyherald.com/article/business/middle+township/64648-elderly+woman+head+injury+uses+medical+alert+system+summon+aid>

Woman, 86, failed by alarm (New Zealand)

<http://www.stuff.co.nz/marlborough-express/news/3932584/Woman-86-failed-by-alarm>

Tynetec Acquire Aid Call (Healthcare Division)

[http://www.tynetec.co.uk/page/news\\_detail/30/1/0](http://www.tynetec.co.uk/page/news_detail/30/1/0)

Cirrus hosts London Telecare Event on 'The Future of Telecare'

<http://www.24dash.com/news/housing/2010-07-28-Cirrus-hosts-London-Telecare-Event-on-The-Future-of-Telecare>

CarelineUK reaches finals of National Business Awards

<http://www.24dash.com/news/housing/2010-07-28-CarelineUK-reaches-finals-of-National-Business-Awards>

**Health Minister Visits Chelmsford to See Telecare Smart Homes at Work**

<http://www.ehealthnews.eu/tunstall/2181-health-minister-visits-chelmsford-to-see-telecare-smart-homes-at-work>

<http://www.24dash.com/news/housing/2010-08-04-Health-Minister-Simon-Burns-Visits-Chelmsford-to-See-Telecare-Smart-Homes-at-Work>

<http://www.fmhealthcare.com/2010/08/08/health-minister-visits-chelmsford-to-see-telecare-smart-homes-at-work>

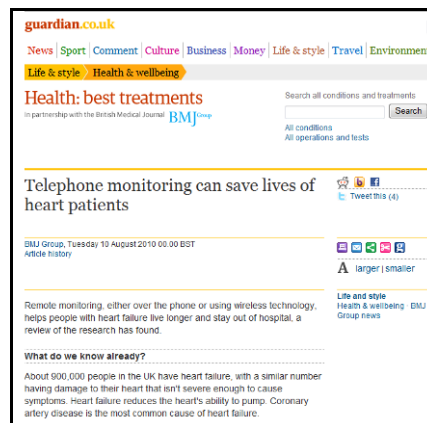
<http://www.tunstall.co.uk/News-and-Events/Latest-news/Health-Minister-Simon-Burns-Visits-Chelmsford-to-See-Telecare-Smart-Homes-at-Work>

**Telehealth and other links**

Remote Homecare Monitoring Device For Chronically Ill Patients Launched in Lancashire

<http://www.egovmonitor.com/node/37937>

Telephone monitoring can save lives of heart patients



<http://www.guardian.co.uk/lifeandstyle/besttreatments/2010/aug/10/telephone-monitoring-can-save-lives-of-heart-patients>

Climate change 'will increase heart deaths'

<http://www.bbc.co.uk/news/health-10917611>

Large waist size linked to 'higher risk of death'

<http://www.bbc.co.uk/news/health-10913898>

The NHS Outcomes Framework – DH wants your comments



<http://nhsoutcomesframework.dh.gov.uk/>

Mobile health and the FDA: what WellDoc's approval means for mHealth

<http://healthpopuli.com/2010/08/10/mobile-health-and-the-fda-what-welldocs-approval-means-for-mhealth/>

15 Free Healthcare Apps for Google Android

<http://www.fiercemobilehealthcare.com/slideshows/15-fierce-free-healthcare-apps-google-android>

HHS report: ED visits rise 23 percent over decade (USA)

<http://www.fiercehealthcare.com/story/hhs-report-ed-visits-rise-23-percent-over-decade/2010-08-09#ixzz0wfXmC6ye>

Who is Buying the iPad, and will They Also Buy an iPhone?

[http://blog.nielsen.com/nielsenwire/online\\_mobile/who-is-buying-the-ipad-and-will-they-also-buy-an-iphone/](http://blog.nielsen.com/nielsenwire/online_mobile/who-is-buying-the-ipad-and-will-they-also-buy-an-iphone/)

Lifestreaming Wearable Cameras To Chart Dementia

[http://www.medgadget.com/archives/2010/08/lifestreaming\\_wearable\\_cameras\\_to\\_chart\\_dementia\\_2.html](http://www.medgadget.com/archives/2010/08/lifestreaming_wearable_cameras_to_chart_dementia_2.html)

World's Smallest, Wireless Remote Pacemaker Implanted by South Nassau's Dr. Kanner

<http://www.prlog.org/10858261-worlds-smallest-wireless-remote-pacemaker-implanted-by-south-nassaus-dr-kanner.html>

What Percentage of U.S. Adults Have Ever Gone Online To Look for Health Care Information?

<http://www.ihealthbeat.org/data-points/2010/what-percentage-of-us-adults-have-ever-gone-online-to-look-for-health-care-information.aspx#ixzz0wfCeKlt0>

Stroke Patients Discontinue Medications

<http://prescriptions.blogs.nytimes.com/2010/08/09/stroke-patients-discontinue-medications/?src=tw&tw=nytimeshealth>

Brain fitness programs may help frail elderly walk faster

<http://www.sciencecentric.com/news/10081103-brain-fitness-programs-may-help-frail-elderly-walk-faster.html>

More of us are heading to web for health information

<http://siliconrepublic.com/innovation/item/17248>

### Share Your Blood Pressure Chart Online (Free Web App)



[http://www.medgadget.com/archives/2010/08/share\\_your\\_blood\\_pressure\\_chart\\_online\\_free\\_web\\_app.html](http://www.medgadget.com/archives/2010/08/share_your_blood_pressure_chart_online_free_web_app.html)

### Prescription drug vending machine on trial



<http://www.bbc.co.uk/news/health-10965287>

### Information Technology Remedy for Chronic Disease Management

<http://www.expresshealthcaremgmt.com/201008/strategy03.shtml>

### Obese visit GP more often than smokers, researchers say

<http://www.bbc.co.uk/news/health-10963427>

### Sequoia Capital invests in AirStrip Technologies

<http://mobihealthnews.com/8631/sequoia-capital-invests-in-airstrip-technologies/>

### Survey Finds Limited Support for Expanding Broadband, Telehealth (USA)

<http://www.ihealthbeat.org/articles/2010/8/13/survey-finds-limited-support-for-expanding-broadband-telehealth.aspx#ixzz0wZqqoW6b>

### MoodTracker: a mobile app for monitoring psychological health

<http://science.dodlive.mil/2010/08/11/moodtracker-a-mobile-app-for-monitoring-psychological-health/>

As older people grow in numbers, experts seek ways to handle the coming boom



<http://www.washingtonpost.com/wp-dyn/content/article/2010/08/09/AR2010080904111.html>

Telemedicine provider AmeriDoc moves to North Texas to accommodate rapid growth

<http://www.prweb.com/releases/2010/08/prweb4366964.htm>

mHealth: Telemedicine delivers patient decision support

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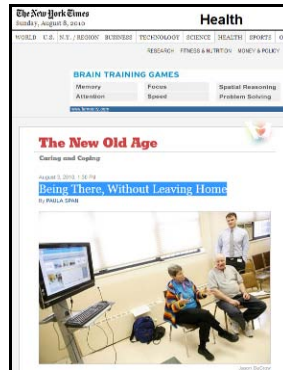
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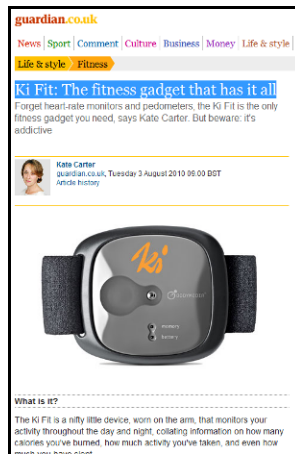
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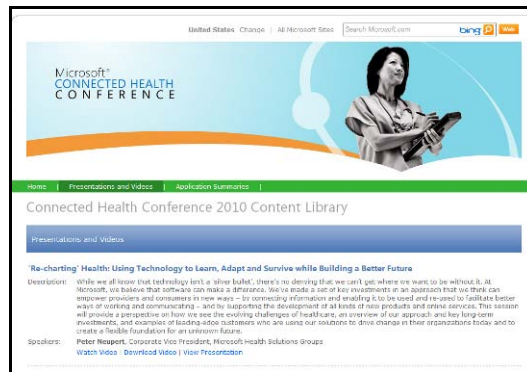
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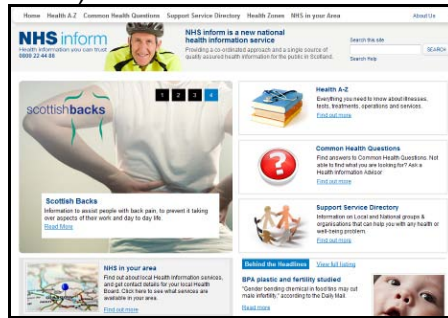
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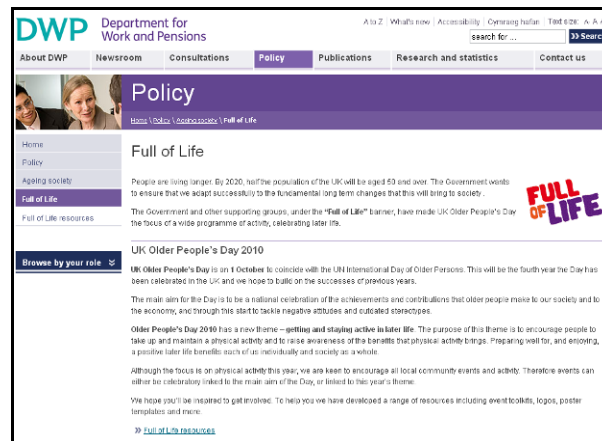
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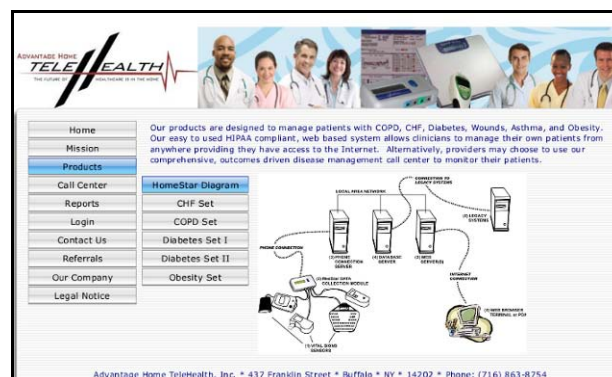
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### Telehealth: Course Introduction

By Jeffrey E. Barnett, Psy.D.  
on 08/01/10

This is an introductory paper for the online course on telehealth. This is the first of fourteen papers that comprise the course.

Telehealth, the use of technology to provide clinical services, is rapidly changing the face of the mental health profession. It is quickly entering the professional lives of most mental health professionals in the service field.

Telehealth activities may include:

- Using the telephone for crisis intervention or other contacts between in-person contacts.
- Conducting telephone sessions with patients who are not able to attend in-person sessions for a period of time.
- Providing clinical services entirely by telephone to an individual in a different geographical area.
- Using email to be in-between in-person service contacts with clients.
- Using email to provide online counseling services with no in-person contact.
- Providing assessment or treatment services to an individual in a different location utilizing interactive telehealth communication technology.

As can be seen, telehealth, or eHealth, may comprise a wide range of services involving offering a variety of interventions. The use of phone, email or web-based communication on a variety of computer, mobile and...

Center for Online Counseling and Psychotherapy  
Certification programs available in:  
• Online Counseling and Psychotherapy  
• Internet Psychology  
• Virtual Reality  
More Info

You're not paranoid.  
Because this software is SPAMARREST!

<http://telehealth.net/course-intro>

Stirling Products to acquire 65% stake in NZ, Australia and UK TelemedCare businesses (New Zealand)

<http://www.investinnz.co.nz/news/stirling-products-acquire-65-stake-nz-australia-and-uk-telemedcare-businesses-32d1>

FCC, FDA Partner To Advance Telehealth

<http://www.informationweek.com/news/healthcare/leadership/showArticle.jhtml?articleID=226300045&subSection=News>

### The President's Save Awards



<http://saveaward2010.ideascale.com/a/dtd/Decrease-costs-for-CCHT-home-telehealth/67126-9432>

Doctors online or out of line? - Most physicians skip social media, with concerns about patient privacy

<http://www.suntimes.com/health/2538368,FIT-News-DFacebook28.article>

To Help Keep Weight Off, Turn to the Web - Well-designed Internet sites boost odds that pounds won't return, study finds

<http://consumer.healthday.com/Article.asp?AID=641498>

NICE: Prevention of cardiovascular disease

<http://www.nice.org.uk/PH25>

NICE: Chronic obstructive pulmonary disease (update)

<http://www.nice.org.uk/CG101>

NICE: Type 2 diabetes - preventing the progression from pre-diabetes

<http://www.nice.org.uk/guidance/index.jsp?action=byId&o=12163>

Public consultation on Evaluation Pathway Programme process guide and methods guide

<http://www.nice.org.uk/aboutnice/whatwedo/aboutmedicaltechnologies/EPPConsultationProcessAndMethodsGuides.jsp>

Home ECG monitoring reduces costs and improves care

<http://www.nursingtimes.net/whats-new-in-nursing/primary-care/home-ecg-monitoring-reduces-costs-and-improves-care/5017591.article>

The Do-It-Yourself House Call - Insurer-Endorsed Remote-Monitoring Technology Leads Heart Patients to Take Their Readings at Home

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When does "New" technology become mainstream?

<http://www.ageinplacetech.com/blog/when-does-new-technology-become-mainstream>

InteractiveMD Demonstrates New Video-Powered Telehealth Platform on Chicago Morning News Show Prior to National Launch

<http://webcom.prweb.com/releases/2010/07/prweb4326134.htm>

Technology closing distance in veteran care



<http://wvgazette.com/News/201007170327>

Cisco health presence pilot at Scottish Centre for Telehealth

<http://www.ccietaalk.com/2010/07/25/cisco-healthpresence-pilot-scottish-centre-telehealth>

Oregon Hospitals Using Telemedicine Networks To Expand Services

<http://www.ihealthbeat.org/articles/2010/7/29/oregon-hospitals-using-telemedicine-networks-to-expand-services.aspx#ixzz0vCOtcU4P>

AMD Global Telemedicine Emerges as Global Leader of Web 2.0 Telemedicine

<http://techgenie.com/latest/amd-global-telemedicine-emerges-as-global-leader-of-web-2-0-telemedicine/>

Feeling uneasy, just log on to a virtual clinic for doc's advice

<http://economictimes.indiatimes.com/news/news-by-industry/healthcare/biotech/healthcare/Feeling-uneasy-just-log-on-to-a-virtual-clinic-for-docs-advice/articleshow/6221526.cms>

Missouri Telemonitoring Remote Disease Management

<http://pyramidhhs.com/index.php/services/centers-of-excellence/missouri-telemonitoring-remote-disease-management.html>

Risk of falls associated with antihypertensive medication: Age and Ageing

<http://www.cardi.ie/publications/riskoffallsassociatedwithantihypertensivemedicationageandageing>

Councils weigh up future of in-house adult care services

<http://www.communitycare.co.uk/Articles/2010/07/27/114968/councils-weigh-up-future-of-in-house-adult-care-services.htm>

MPs are to investigate GP commissioning and NHS spending

[http://www.bmj.com/cgi/content/extract/341/jul29\\_3/c4126](http://www.bmj.com/cgi/content/extract/341/jul29_3/c4126)

Do GPs want to commission?

[http://careers.bmj.com/careers/advice/view-article.html?id=20001245&q=w\\_bmj](http://careers.bmj.com/careers/advice/view-article.html?id=20001245&q=w_bmj)

Gloucester OJEU tender for telehealth

<http://www.tendersdirect.co.uk/Search/Tenders/Live.aspx?ID=%20000000002934249&sect=T075&cat=27&Source=Categories>

ALR Technologies Announces FDA 510(k) Filing for Health-e-Connect (HeC) System – Health Care for Diabetes Patients

<http://www.alrt.com/about/news>

Anybots launches "telepresence robots"

[http://www.telepresenceoptions.com/2010/07/anybots\\_launches\\_telepresence/](http://www.telepresenceoptions.com/2010/07/anybots_launches_telepresence/)

FDA clears AirStrip remote patient monitoring solutions



[http://www.airstriptechnology.com/Portals/\\_default/Skins/AirstripSkin/library/release\\_AirStrip\\_CC\\_Cardio\\_FDA.pdf](http://www.airstriptechnology.com/Portals/_default/Skins/AirstripSkin/library/release_AirStrip_CC_Cardio_FDA.pdf)

FDA greenlights AirStrip RPM for iPhone

<http://mobihealthnews.com/8535/fda-greenlights-airstrip-rpm-for-iphone/>

Revisiting Ten Aging in Place Trends (Laurie Orlov)

<http://mobihealthnews.com/8490/revisiting-ten-aging-in-place-trends/#more-8490>

CVS Caremark Launches iPhone Application for Caremark.com

<http://finance.boston.com/boston/news/read?GUID=14008441>

10 Ways Apple's iPad is Changing Healthcare

<http://mritechnicianschools.net/2010/10-ways-apples-ipad-is-changing-healthcare/>

STUDY: PHYSICIAN SMARTPHONE ADOPTION EXPERIENCING EXPONENTIAL GROWTH

<http://cl.exct.net/?qs=a3d54fab258b61b31a1e4219248595e9f9e758a10525e2ea9b58678d87759868>

A Community Peer-Volunteer Telephone Reminder Call to Increase Breast Cancer-Screening Attendance

<http://ons.metapress.com/content/1341441021786w00/>

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<http://aidsconnect.net/content/blog/illinois-prisons-test-hiv-telemedicine>

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<http://www.wicz.com/news2005/viewarticle.asp?a=15198>

Samsung senior phone's "medical" services



<http://mobihealthnews.com/8505/verizon-samsung-senior-phones-medical-services/>

UK to see surge in next generation of mobile technology under new Government plans

<http://nds.coi.gov.uk/content/detail.aspx?NewsArealD=2&ReleaseID=414707&SubjectId=2>

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<http://www.enterprisemobiletoday.com/features/otherapps/article.php/3894626/Mobile-App-Guide--iPhone--Telehealth-Tools-for-Health-Care-Pros.htm>

Asthma in the elderly

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Telecare Benefits Go Further Than Simple Alarms

<http://tunstall-telehealthcare.blogspot.com/2010/07/telecare-benefits-go-further-than.html>

Effect of call-based counseling ringing true

<http://ksenes-efimerides.imore.gr/effect-of-call-based-counseling-ringing-true.htm>

Center for Technology and Ageing Grants (USA)

<http://seniorhousingnews.com/2010/07/28/technology-grants-announced-for-new-remote-monitoring-projects/>

FCC, FDA Partner To Promote Telehealth, Clarify Regulation

<http://www.ihealthbeat.org/articles/2010/7/28/fcc-fda-partner-to-promote-telehealth-clarify-regulation.aspx#ixzz0v5WKSFp6>

AMD Global Telemedicine, Inc. and Convex Portugal to Improve Access to Care and Reduce Healthcare Spending through HealthPoint

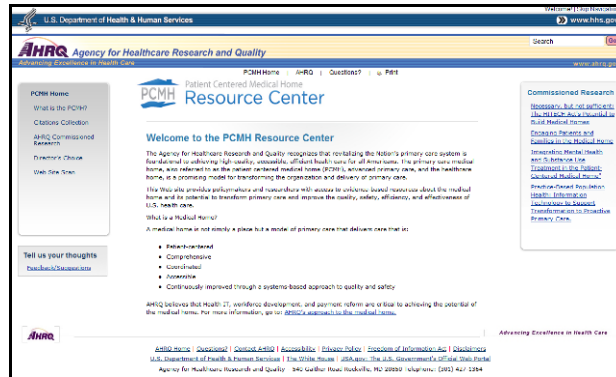
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### New Blood Glucose Monitor Allows for Wireless Transmissions

<http://www.ihealthbeat.org/articles/2010/7/30/new-blood-glucose-monitor-allows-for-wireless-transmissions.aspx#ixzz0vC9dr4VH>

<http://www.ihealthbeat.org/articles/2010/7/30/new-blood-glucose-monitor-allows-for-wireless-transmissions.aspx>

### Patient Centred Medical Home (PCMH)



[http://www.pcmh.ahrq.gov/portal/server.pt/community/pcmh\\_home/1483](http://www.pcmh.ahrq.gov/portal/server.pt/community/pcmh_home/1483)

### Having good friends appears to 'boost' survival

*“Lead researcher Julianne Holt-Lundstad says there are many ways in which friends, colleagues and family can boost health and wellbeing.*

*“When someone is connected to a group and feels responsibility for other people, that sense of purpose and meaning translates to taking better care of themselves and taking fewer risks.”*

*In their study, which looked at over 300,000 people from four continents over a period of seven years, those with the strongest social networks fared best in terms of health outcomes and lifespan. They were nearly twice (1.5 times) as likely to be alive at any given age than those who were lonely.*

*The study included people of all ages and backgrounds, yet the findings remained the same and regardless of initial health status”.*

<http://www.bbc.co.uk/news/health-10775086>

<http://www.guardian.co.uk/lifeandstyle/2010/jul/27/friendship-relationships-good-health-study>

### Technology the ticket to elderly home care (Australia)

<http://www.theaustralian.com.au/news/health-science/technology-the-ticket-to-elderly-home-care/story-e6frg8y6-1225895832045>

### Qualcomm Announces Project to Enable 3G Health Care Access for Rural Japanese Communities

<http://www.prnewswire.com/news-releases/qualcomm-announces-project-to-enable-3g-health-care-access-for-rural-japanese-communities-98993359.html>



Primary Wound Care Specialists Selects ExpressMD(TM)

[http://pr-usa.net/index.php?option=com\\_content&task=view&id=441770&Itemid=28](http://pr-usa.net/index.php?option=com_content&task=view&id=441770&Itemid=28)

Boeing Blocks GE, Philips Wireless Spectrum for Patient Monitoring Device

<http://www.bloomberg.com/news/2010-07-22/boeing-blocks-ge-philips-wireless-spectrum-for-patient-monitoring-device.html>

AFrame Digital and LifeMatters Bring Non-Intrusive Technology for Senior Care to the Washington, D.C Region

<http://dc.citybizlist.com/yourcitybiznews/detail.aspx?id=85911>

Cuts in Home Care Put Elderly and Disabled at Risk (USA)

[http://www.nytimes.com/2010/07/21/us/21aging.html?\\_r=1](http://www.nytimes.com/2010/07/21/us/21aging.html?_r=1)

Sprint Nextel service connects home-care robots, relatives

[http://www.bizjournals.com/kansascity/blog/2010/07/sprint\\_nextel\\_service\\_connects\\_home-care\\_robots\\_relatives.html](http://www.bizjournals.com/kansascity/blog/2010/07/sprint_nextel_service_connects_home-care_robots_relatives.html)

Lifestyle advisers to help patients (Wales)

<http://www.walesonline.co.uk/news/health-news/2010/07/28/lifestyle-advisers-to-help-patients-91466-26944767/>

How Telemedicine is Healing Haiti (Part 1 of 5)

<http://techus.org/2010/07/how-telemedicine-is-healing-haiti-part-1of-5/>

'Villages' let elderly grow old at home (USA)

[http://www.usatoday.com/news/nation/2010-07-26-aging26\\_ST\\_N.htm?loc=interstitialskip](http://www.usatoday.com/news/nation/2010-07-26-aging26_ST_N.htm?loc=interstitialskip)

Fujitsu launches 'easy-easy' computer for elderly

[http://www.google.com/hostednews/afp/article/ALeqM5gJc4TXotl5Ddi\\_ScqRhitWyyvIVig](http://www.google.com/hostednews/afp/article/ALeqM5gJc4TXotl5Ddi_ScqRhitWyyvIVig)

ONS: Fewer people dying each year than ever before

<http://www.telegraph.co.uk/news/uknews/7903086/ONS-Fewer-people-dying-each-year-than-ever-before.html>

Implanted Wireless Glucose Sensor That Could Transform Management Of Diabetes Passes Crucial Test

<http://www.medicalnewstoday.com/articles/196190.php>

Wellness Programs Won't Necessarily Improve Health Or Lower Costs

[http://blogs.wsj.com/health/2010/07/29/wellness-programs-wont-necessarily-improve-health-or-lower-costs/?utm\\_source=twitterfeed&utm\\_medium=twitter&utm\\_campaign=Feed%3A+wsj%2Fhealth%2Ffeed+%28WSJ.com%3A+Health+Blog%29](http://blogs.wsj.com/health/2010/07/29/wellness-programs-wont-necessarily-improve-health-or-lower-costs/?utm_source=twitterfeed&utm_medium=twitter&utm_campaign=Feed%3A+wsj%2Fhealth%2Ffeed+%28WSJ.com%3A+Health+Blog%29)

<http://www.nihcr.org/Employer-Wellness-Initiatives.html>

Hospitals cut costs with on-site staff wellness programs

[Hospitals cut costs with on-site staff wellness programs - FierceHealthFinance - Health Finance, Healthcare Finance http://www.fiercehealthfinance.com/story/hospitals-cut-costs-onsite-staff-wellness-programs/2010-07-28#ixzz0vldAerX4](http://www.fiercehealthfinance.com/story/hospitals-cut-costs-onsite-staff-wellness-programs/2010-07-28#ixzz0vldAerX4)

UnitedHealth Group to grow health services, create in-house TTO  
<http://www.fiercehealthpayer.com/story/unitedhealth-group-grow-health-services-create-house-to/2010-07-26#ixzz0vldMmNZj>

AGING-in-PLACE – Threat or Marketing Opportunity?  
<http://progressiveretirement.wordpress.com/2010/07/25/aging-in-place-%E2%80%93-threat-or-marketing-opportunity/>

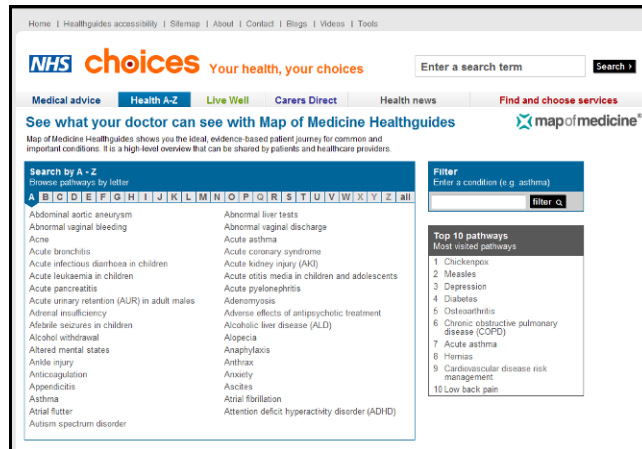
Technologies Help Adult Children Monitor Aging Parents  
[http://www.nytimes.com/2010/07/29/garden/29parents.html?\\_r=1](http://www.nytimes.com/2010/07/29/garden/29parents.html?_r=1)

## The Technology for Monitoring Elderly Relatives



<http://www.nytimes.com/2010/07/29/garden/29hometech.html?pagewanted=1&ref=garden>

## Map of Medicine Healthguides



<http://healthguides.mapofmedicine.com/choices/map/index.html>  
 Diabetes: <http://eng.mapofmedicine.com/evidence/map/diabetes1.html>

Glucose Monitor Could Go From on the Belt to In the Belly  
<http://www.medgadget.com/archives/2010/07/continuous-glucose-monitor-could-go-from-on-the-belt-to-in-the-belly.html>

Withings wi-fi connected scale

<http://ducknetweb.blogspot.com/2010/03/withings-wifi-connected-body-scale.html>

Robots for the ageing (video)

<http://www.msnbc.msn.com/id/21134540/vp/38468760#38468760>

NHS Direct to develop homeworking - a new way of working for nurses

<http://www.nhsdirect.nhs.uk/News/LatestNews/NHSDirectToDevelopHomeworkingForNurses>

Social media in the NHS debated on Twitter

<http://www.nursingtimes.net/whats-new-in-nursing/news-topics/health-informatics/social-media-in-the-nhs-debated-on-twitter/5017823.article?referrer=RSS>

Nurse response to 999 benefits COPD patients

A nurse led service aimed at keeping respiratory patients out of accident and emergency has been launched across Suffolk.

The scheme sees patients with chronic obstructive pulmonary disease who dial 999 assessed initially by ambulance paramedics then, where appropriate, visited by nurse specialists for treatment rather than admitted to hospital.

<http://www.nursingtimes.net/whats-new-in-nursing/acute-care/nurse-response-to-999-benefits-copd-patients/5017495.article?referrer=RSS>

Oregon Hospitals Using Telemedicine Networks To Expand Services

<http://www.ihealthbeat.org/articles/2010/7/29/oregon-hospitals-using-telemedicine-networks-to-expand-services.aspx#ixzz0vLFpXtee>

The Do-It-Yourself House Call - Insurer-Endorsed Remote-Monitoring Technology Leads Heart Patients to Take Their Readings at Home (Wall Street Journal)

**The Do-It-Yourself House Call**  
*Insurer-Endorsed Remote-Monitoring Technology Leads Heart Patients to Take Their Readings at Home*

Article | Comments (2) | MORE IN BUSINESS

By AVERY JOHNSON

Technology that aims to keep congestive heart failure patients out of the hospital is gaining traction.

The idea is for heart patients to take readings like their weight, blood pressure and other key metrics using wireless and other technologies; the data are then transmitted to a case manager or medical care giver. That way health care givers can catch, and address, warning signs before the patient lands in the ER with shortness of breath or a heart attack. In the past, patients have found such technology difficult to use. But a number of managed-care companies are experimenting with electronic devices meant to make the process easier.

A big benefit is that it allows patients to stay in their homes, but the systems can't catch everything, and patients shouldn't be lulled into a false sense of security by the technology.

WellPoint Inc.'s Anthem unit in California is piloting a wireless scale and blood-pressure cuff that communicates in real time with nurses on alert for fluctuations that can signal heart failure, or when the heart can no longer pump enough blood to the body's organs. Humana Inc. in January will launch a program to track heart patients' vital signs wirelessly and link them up via video to chat with nurses if appropriate.

And Aetna Inc. is running a clinical trial with Intel Corp. to assess how remote monitoring

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**Latest Heart Beats**  
The Do-It-Yourself House Call  
When a Heart Risk Runs in the Family  
Doctors Focus on Kids' Blood Pressure

**About Heart Beat**  
Cardiovascular disease is the world's leading killer, yet its costs and consequences can often be avoided by changing the way we eat, work and live. Every other week, Heart Beat will examine

<http://online.wsj.com/article/SB10001424052748704700404575391262635170370.html?KEYWORDS=wellpoint#articleTabs%3Darticle>

More Insurers Open to Remote-Monitoring for Care of Heart Patients

<http://www.ihealthbeat.org/articles/2010/7/27/more-insurers-open-to-remotemonitoring-for-care-of-heart-patients.aspx#ixzz0vLFyS71Y>

My Opinion (Eric Dishman of Intel): E-Care Is Ethical, Effective, and Economical Care

[http://blogs.intel.com/healthcare/2010/07/my\\_opinion\\_e-care\\_is\\_ethical\\_effective\\_and\\_economical\\_care.php](http://blogs.intel.com/healthcare/2010/07/my_opinion_e-care_is_ethical_effective_and_economical_care.php)

New Blood Glucose Monitor Allows for Wireless Transmissions

<http://www.ihealthbeat.org/articles/2010/7/30/new-blood-glucose-monitor-allows-for-wireless-transmissions.aspx#ixzz0vQdgVtnO>

### **Journals**

Glycemic variability: Too often overlooked in type 2 diabetes?

[http://www.ifponline.com/Pages.asp?AID=8845&issue=August\\_2010&UID=](http://www.ifponline.com/Pages.asp?AID=8845&issue=August_2010&UID=)

Lifestyle Interventions and the Prevention and Treatment of Type 2 Diabetes

<http://ajl.sagepub.com/content/early/2010/07/12/1559827610375531.abstract?rss=1>

Opinions of patients with type 2 diabetes about responsibility, setting targets and willingness to take medication. A cross-sectional survey

<http://www.pec-journal.com/article/PIIS0738399110003812/abstract?rss=yes>

One of every four stroke patients stops taking medications

[http://www.fiercehealthcare.com/story/one-every-four-stroke-patients-stops-taking-medications/2010-08-12?utm\\_medium=nl&utm\\_source=internal#ixzz0wZGJE5b8](http://www.fiercehealthcare.com/story/one-every-four-stroke-patients-stops-taking-medications/2010-08-12?utm_medium=nl&utm_source=internal#ixzz0wZGJE5b8)

Persistence With Stroke Prevention Medications 3 Months After Hospitalization

<http://archneur.ama-assn.org/cgi/content/short/archneurol.2010.190>

Fatigue and disability in elderly patients with chronic obstructive pulmonary disease (COPD)

<http://www.agqjournal.com/article/PIIS0167494310001871/abstract>

Remote Monitoring Benefit Affirmed in Heart Failure

<http://www.medpagetoday.com/Cardiology/CHF/21575>

A systematic review of economic analyses of telehealth services using real time video communication

<http://www.biomedcentral.com/1472-6963/10/233>

Waist Circumference but Not Body Mass Index Predicts Long-Term Mortality in Elderly Subjects with Chronic Heart Failure

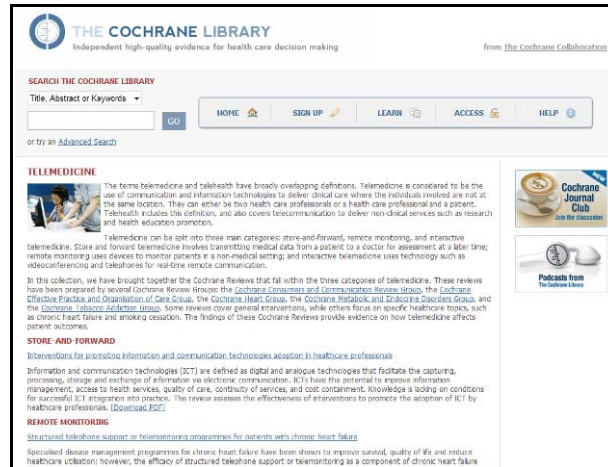
<http://www3.interscience.wiley.com/journal/123595254/abstract?CRETRY=1&SRETRY=0>

Telemonitoring in patients with heart failure, the TEHAF study: Study protocol of an ongoing prospective randomised trial

[http://www.sciencedirect.com/science?\\_ob=ArticleURL&\\_udi=B6T7T-50GC63D-1&\\_user=10&\\_coverDate=07%2F07%2F2010&\\_rdoc=1&\\_fmt=high&\\_orig=search&\\_sort=d&\\_docanch](http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B6T7T-50GC63D-1&_user=10&_coverDate=07%2F07%2F2010&_rdoc=1&_fmt=high&_orig=search&_sort=d&_docanch)

[or=&view=c&\\_acct=C000050221&\\_version=1&\\_urlVersion=0&\\_userid=10&md5=4c48df782154bf9f3979daa45b84d15e](http://www.thecochranelibrary.com/details/collection/806797/Telemedicine.html)

### Telemedicine – the Cochrane Library



<http://www.thecochranelibrary.com/details/collection/806797/Telemedicine.html>

### Blood Pressure Management in Patients With Diabetes

<http://clinical.diabetesjournals.org/content/28/3/107.full>

### Blood pressure variables and cardiovascular risk in type 2 diabetes in the ADVANCE trial

<http://www.john-libbey-eurotext.fr/en/revues/medecine/stv/e-docs/00/04/59/A3/resume.phtml>

### The development of telehealth as a strategy to improve health care services in Zambia

<http://www.ingentaconnect.com/content/bsc/hir/2010/00000027/00000002/art00006>

### Impact of exacerbations on COPD

<http://err.ersjournals.com/content/19/116/113.abstract>

### Diabetes and literacy key to beat dementia, says study

<http://www.bbc.co.uk/news/health-10881685>

### GPs 'failing to diagnose dementia'

<http://www.telegraph.co.uk/health/healthnews/7928340/GPs-failing-to-diagnose-dementia.html>

### Structured telephone support or telemonitoring programmes for patients with chronic heart failure

<http://www.ncbi.nlm.nih.gov/pubmed/20687083?dopt=Abstract>

### Obesity, hypertension and home sphygmomanometer cuffs

<http://www.ejinme.com/article/PIIS0953620510000907/abstract?rss=yes>

### A Hypertension Risk Score for Middle-Aged and Older Adults

[http://www.mdlinx.com/internal-medicine/news-article.cfm/3221619/ZZ6821644550261362285079/?news\\_id=1604&newsdt=080710&subspec\\_id=1009](http://www.mdlinx.com/internal-medicine/news-article.cfm/3221619/ZZ6821644550261362285079/?news_id=1604&newsdt=080710&subspec_id=1009)

The effect of a patient education booklet and BP 'tracker' on knowledge about hypertension. A randomized controlled trial

<http://fampra.oxfordjournals.org/cgi/content/abstract/cm9048>

Cost-effectiveness Analysis of a Rural Telemedicine Collaborative Care Intervention for Depression

<http://archpsyc.ama-assn.org/cgi/content/abstract/67/8/812>

Symptoms of anxiety and depression in COPD patients entering pulmonary rehabilitation

<http://crd.sagepub.com/content/7/3/147.abstract>

Eliminating diabetes and depression, and boosting education, most likely to ward off dementia

<http://www.sciencecentric.com/news/10080610-eliminating-diabetes-depression-boosting-education-most-likely-ward-off-dementia.html>

Dementia study finds almost 40% of cases could be avoided

[http://www.guardian.co.uk/lifeandstyle/2010/aug/06/how-to-avoid-dementia-study?CMP=tw\\_t\\_gu](http://www.guardian.co.uk/lifeandstyle/2010/aug/06/how-to-avoid-dementia-study?CMP=tw_t_gu)

Barriers to cardiovascular disease risk scoring and primary prevention in Europe

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